

Roles of Vascular Oxidative Stress and Nitric Oxide in the Pathogenesis of Atherosclerosis

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Abstract: Major reactive oxygen species (ROS)–producing systems in vascular wall include NADPH (reduced form of nicotinamide adenine dinucleotide phosphate) oxidase, xanthine oxidase, the mitochondrial electron transport chain, and uncoupled endothelial nitric oxide (NO) synthase. ROS at moderate concentrations have important signaling roles under physiological conditions. Excessive or sustained ROS production, however, when exceeding the available antioxidant defense systems, leads to oxidative stress. Animal studies have provided compelling evidence demonstrating the roles of vascular oxidative stress and NO in atherosclerosis. All established cardiovascular risk factors such as hypercholesterolemia, hypertension, diabetes mellitus, and smoking enhance ROS generation and decrease endothelial NO production. Key molecular events in atherogenesis such as oxidative modification of lipoproteins and phospholipids, endothelial cell activation, and macrophage infiltration/activation are facilitated by vascular oxidative stress and inhibited by endothelial NO. Atherosclerosis develops preferentially in vascular regions with disturbed blood flow (arches, branches, and bifurcations). The fact that these sites are associated with enhanced oxidative stress and reduced endothelial NO production is a further indication for the roles of ROS and NO in atherosclerosis. Therefore, prevention of vascular oxidative stress and improvement of endothelial NO production represent reasonable therapeutic strategies in addition to the treatment of established risk factors (hypercholesterolemia, hypertension, and diabetes mellitus). (*Circ Res.* 2017;120:713-735. DOI: 10.1161/CIRCRESAHA.116.309326.)

Key Words: atherosclerosis ■ nitric oxide ■ oxidative stress ■ reactive oxygen species ■ risk factors

Atherosclerosis remains a leading cause of death and disability. The formation of vascular plaques is a complex process involving the interaction of plasma lipids with the vascular wall and immune cells. Since the 1950s, oxidative modifications of lipids and proteins have been detected in vascular lesions and the degree of oxidation correlates with the severity of disease,¹ indicating a role of oxidative stress in atherogenesis.

Role of Reactive Oxygen Species–Producing Systems in Atherosclerosis

A variety of important reactive oxygen species (ROS)–producing systems are present in the vascular wall, including NADPH (reduced form of nicotinamide adenine dinucleotide phosphate) oxidase, xanthine oxidase, enzymes of the mitochondrial respiratory chain, and a dysfunctional, uncoupled endothelial NO synthase.^{2–4} Importantly, there exists cross talk between these prooxidant systems.^{5–7} NADPH oxidase can trigger endothelial NOS (eNOS) uncoupling,⁸ xanthine oxidase activity,^{9,10} and mitochondrial ROS production.^{11–14}

NADPH Oxidases

NADPH oxidases are expressed not only in infiltrating monocytes/macrophages but also in resident cells of the vascular wall. Consisting of 2 membrane-bound subunits (p22phox and a Nox homologue) and several cytosolic regulatory subunits, these oxidases are multisubunit enzyme complexes and produce superoxide from molecular oxygen using NADPH as the electron donor.^{15,16} In contrast to Nox1 and Nox2 (that require p22phox, p47phox [or NOXO1], p67phox [or NOXA1] and Rac1¹⁷), Nox4 only requires p22phox and releases hydrogen peroxide instead of superoxide.¹⁸

Three Nox isoforms are expressed in the vascular wall of mice with Nox1¹⁹ and Nox4²⁰ in vascular smooth muscle cells (VSMC), Nox2,²¹ and Nox4^{22,23} predominantly in endothelial cells. Recent studies have shown that Nox enzymes have differential roles in atherogenesis.²⁴

Genetic deletion of Nox1 in apolipoprotein E-knockout (ApoE-KO) mice reduces atherosclerosis either on an atherogenic diet²⁵ or under the condition of streptozotocin-induced diabetes mellitus²⁶ although some controversies exist.²⁷ Nox1 may be especially important in diabetes mellitus–accelerated

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Nonstandard Abbreviations and Acronyms

ApoE-KO	apolipoprotein E-knockout
BH4	tetrahydrobiopterin
CAD	coronary artery disease
CCA	common carotid artery
CEP	2-(ω -carboxyethyl) pyrrole
COX	cyclooxygenase
DKO	double knockout
eNOS	endothelial nitric oxide synthase
GPx1	glutathione peroxidase 1
GSNO	S-nitrosoglutathione
HDL	high-density lipoprotein
iNOS	inducible nitric oxide synthase
LDL	low-density lipoprotein
nNOS	neuronal nitric oxide synthase
OSE	oxidation-specific epitopes
oxLDL	oxidized low-density lipoprotein
ROS	reactive oxygen species
SOD	superoxide dismutase
TLR	toll-like receptor
XDH	xanthine dehydrogenase
XO	xanthine oxidase

atherosclerosis as diabetic conditions lead to upregulation of this Nox isoform.^{26,28} Nox2 is also implicated in atherogenesis²⁹ with some regional differences. Nox2 deficiency has no effect on atherosclerosis in the aortic sinus, but reduce atherosclerosis in the descending aorta of mice.^{30,31} Consistent with the atherogenic roles of Nox1 and Nox2, deficiency of p47phx, a regulatory subunit required for the activation of the both Nox isoforms, reduces atherosclerosis in mice^{32,33} (Table 1).

In contrast to the proatherosclerotic role of Nox1 and Nox2, several groups have independently shown that Nox4 protects against atherosclerosis in murine models^{28,35–37} (Table 1). The protective role of Nox4 against atherosclerosis may be explained by the following facts: (1) Nox4 releases hydrogen peroxide instead of superoxide because of spontaneous superoxide dismutation within the Nox4 enzyme.³⁸ (2) Nox4 does not lead to peroxynitrite generation because the Nox4 product hydrogen peroxide does not interact with NO.^{24,38} (3) Hydrogen peroxide produced by Nox4 maintains eNOS and heme oxygenase-1 expression in the setting of vascular stress.^{18,39} (4) Nox4-derived hydrogen peroxide inhibits proliferation of vascular smooth muscle cells⁴⁰ and prevents vascular inflammation and remodeling.²⁸ Nevertheless, Nox4 is not universally beneficial. Detrimental roles of Nox4 have been shown in rodent models of ischemic stroke,^{41,42} cardiac hypertrophy,⁴³ and diabetic cardiomyopathy.⁴⁴ Like other ROS, hydrogen peroxide may have both protective and damaging functions, depending on the amounts formed, the cell type expressing the Nox enzyme and its subcellular location.

Nox5 has been found upregulated in human atherosclerotic lesions,⁴⁵ in human hypertension⁴⁶ and in human diabetic nephropathy.⁴⁷ The rodent genome does not contain the Nox5 gene, making it challenging to study Nox5 in experimental

settings. Interestingly, transgenic mice expressing human Nox5 in a podocyte-specific manner exhibit early onset albuminuria and elevated systolic blood pressure, suggesting a role for Nox5 in disease processes.⁴⁷ Nevertheless, the impact of Nox5 on atherosclerosis development remains elusive.^{24,48}

It is notable that Nox enzymes in both monocytes/macrophages and cells of the vascular wall are required for atherogenesis. Results from bone marrow transplantation experiments using ApoE-KO and p47phox^{-/-} mice indicate that NADPH oxidase activity in monocytes/macrophages is essential for low-density lipoprotein (LDL) oxidation. ROS produced by NADPH oxidases in endothelial cells and smooth muscle cells, on the other hand, are involved in endothelial activation (expression of adhesion molecules and the subsequent monocyte/macrophage infiltration) and smooth muscle cell proliferation.⁴⁹ Consistent with this concept, endothelial-specific Nox2 overexpression increases vascular superoxide production, endothelial vascular cell adhesion molecule-1 expression, and macrophage recruitment, but does not induce atherosclerosis in ApoE-KO mice.³⁴

Xanthine Oxidase

Xanthine oxidase (XO) generates superoxide and hydrogen peroxide by using molecular oxygen as an electron acceptor.^{50,51} The expression and activity of endothelial XO are enhanced by proatherosclerotic stimuli such as angiotensin II treatment¹⁰ and oscillatory shear stress.⁹ In addition, XO can be released from the liver and the circulation XO adhere to endothelial cells by associating with endothelial glycosaminoglycans.⁵² The activity of both endothelial XO⁵³ and plasma XO⁵² is increased in experimental atherosclerosis, as well as in human atherosclerotic plaque,^{54,55} suggesting a contribution of XO-derived superoxide to atherosclerosis. Inhibition of XO improves endothelium-dependent, NO-mediated vasodilation in aorta rings from hypercholesterolemic animals⁵² and reverses endothelial dysfunction in heavy smokers.⁵⁶ XO inhibitors, such as allopurinol, tungsten,⁵⁷ and febuxostat,⁵¹ reduce atherosclerosis development in ApoE-KO mice. However, definitive proof of its role in atherosclerosis remains to be established, as no data from genetically modified murine models are available.

Mitochondria

Normally, mitochondrial oxidative phosphorylation generates physiological levels of superoxide, which is converted to hydrogen peroxide by the manganese-dependent superoxide dismutase (MnSOD, SOD2) and subsequently by glutathione peroxidase 1 (GPx1) to water.⁵⁸ Mitochondrial oxidative stress can occur under pathological conditions because of excessive ROS production or insufficient ROS detoxification. Indeed, atherosclerosis in human has been associated with mitochondrial oxidative stress.⁵⁹

The importance of mitochondrial redox balance is exemplified by a global or cardiac deletion of mitochondrial SOD2, which causes perinatal lethality because of cardiac myopathy and congestive heart failure, respectively.^{60,61} Heterozygous SOD2^{+/-} knockout mice on ApoE-KO background show increased ROS levels in the mitochondria and accelerated atherogenesis at arterial branch points.⁶²

Table 1. Role of NADPH Oxidases in Atherosclerosis

Gene Altered	Genetic Background	Diet/Intervention	Atherosclerosis	References
<i>Nox1</i> ^{-y}	ApoE-KO	Atherogenic diet	↓	25
<i>Nox1</i> ^{-y}	ApoE-KO	Normal chow/diabetes mellitus	↓	26
<i>Nox1</i> ^{-y}	ApoE-KO	Western diet	↔	27
<i>Nox2</i> ^{-y}	ApoE-KO	Atherogenic diet	↔	30
<i>Nox2</i> ^{-y}	ApoE-KO	Western diet	↓	31
Endothelial <i>Nox2</i> Tg	ApoE-KO	Normal chow±angiotensin II	↔	34
<i>p47phox</i> ^{-/-}	ApoE-KO	Normal chow	↔	32
<i>p47phox</i> ^{-/-}	ApoE-KO	Normal chow	↓	33
<i>p47phox</i> ^{-/-}	ApoE-KO	High fat	↓	33
Endothelial- <i>Nox4</i> Tg	ApoE-KO	Western diet	↔ (12 w) ↓ (24 w)	35
<i>Nox4</i> ^{-/-}	ApoE-KO	Normal chow or high-fat diet	↑	36
<i>Nox4</i> ^{-/-}	LDL-R-KO	High-fat diet	↑	37
<i>Nox4</i> ^{-/-}	ApoE-KO	Normal chow/diabetes mellitus	↑	28

ApoE-KO indicates apolipoprotein E-knockout; LDLR-KO, low-density lipoprotein receptor-knockout; and NADPH, reduced form of nicotinamide adenine dinucleotide phosphate.

Uncoupled eNOS

Under physiological conditions, eNOS produces NO, which represents a key vasoprotective factor of the endothelium.⁶³⁻⁶⁵ Under pathological conditions associated with oxidative stress, however, eNOS may become dysfunctional.^{2,66,67} Oxidative stress contributes to endothelial dysfunction primarily because of rapid oxidative inactivation of NO by excess superoxide. In the second step, the persisting oxidative stress renders eNOS uncoupled (ie, uncoupling of O₂ reduction from NO synthesis), such that it produces superoxide at the expense of NO. Mechanistically, deficiency of eNOS cofactor tetrahydrobiopterin (BH4), deficiency of eNOS substrate L-arginine, and eNOS S-glutathionylation are likely to be the major causes for eNOS uncoupling.^{66,68} Peroxynitrite and superoxide can oxidize BH4 leading to BH4 deficiency. ROS production from uncoupled eNOS has been shown in mouse models of atherosclerosis⁶⁹⁻⁷¹ and in patients with hypercholesterolemia,⁷² atherosclerosis,⁷³ hypertension⁷⁴ or diabetes mellitus,⁷⁵ and in chronic smokers.⁷⁶

Cyclooxygenases

Although there is evidence that cyclooxygenases may indirectly modulate vascular ROS generation,⁷⁷ it is unlikely that the cyclooxygenase enzymes per se serve as sources of pathogenic ROS.⁷⁸ Cyclooxygenase-1 inhibition or deletion in fact attenuates atherogenesis in mice.^{79,80} Experiments with cell-specific deletion of cyclooxygenase-2 in mice indicate a complex role of cyclooxygenase-2 in atherogenesis. Whereas cyclooxygenase-2 in macrophages promotes atherosclerosis development, cyclooxygenase-2 in T cells has little effect on lesion burden.⁸¹ In contrast, cyclooxygenase-2 in endothelial cells and VSMC seems to be atheroprotective.⁸² The beneficial effects of cyclooxygenase-2 have been attributed to prostacyclin biosynthesis,⁸² but prostacyclin-independent mechanisms have also been proposed.⁸³

Role of Antioxidant Enzymes in Atherosclerosis

Vascular cells are equipped with a variety of antioxidant defense enzymes enabling the reduction of oxidative burden.

Superoxide Dismutase

There are 3 SOD isoforms expressed in mammalian tissues: (1) SOD1 (copper/zinc-SOD), which is located in the cytoplasm and in the mitochondrial intermembrane space; (2) SOD2, which is expressed in the mitochondrial matrix, and (3) SOD3 (extracellular SOD), which is found in extracellular matrix, on cell surface, and in extracellular fluids.^{84,85} All 3 isozymes serve key antioxidant functions by catalyzing the dismutation of superoxide into oxygen and hydrogen peroxide.^{4,65}

Unexpectedly, transgenic mice overexpressing SOD1 develop more pronounced atherosclerotic lesion than control mice.⁸⁶ It is proposed that the effects of SOD on atherogenesis are dose dependent.⁸⁷ Moderate SOD1 upregulation reduces ROS burden, whereas excessive SOD activity could enhance oxidative injury by increasing formation of distal oxidants. SOD1 overexpression generates high amount of hydrogen peroxide, which can lead to the formation proatherogenic molecules such as hydroxyl radicals or metal-associated reactive species⁸⁵ (Figure 1). In supporting this concept, combined overexpression of SOD1 and catalase reduces atherosclerosis in ApoE-KO mice.⁸⁸

SOD2 is the first line of defense against superoxide as a byproduct of the mitochondrial electron transport chain. Homozygous SOD2 mutant mice die within the first 10 days of life, indicating the importance of this enzyme.⁶⁰ SOD2 deficiency (SOD2^{-/-}) leads to mitochondrial dysfunction, increased mitochondrial DNA damage, and accelerated atherosclerosis in ApoE-KO mice.⁶²

SOD3 is abundantly expressed in the vascular wall.⁸⁹ Paradoxically, genetic deletion of SOD3 in ApoE-KO mice leads to a slight reduction in atherosclerosis after 1-month

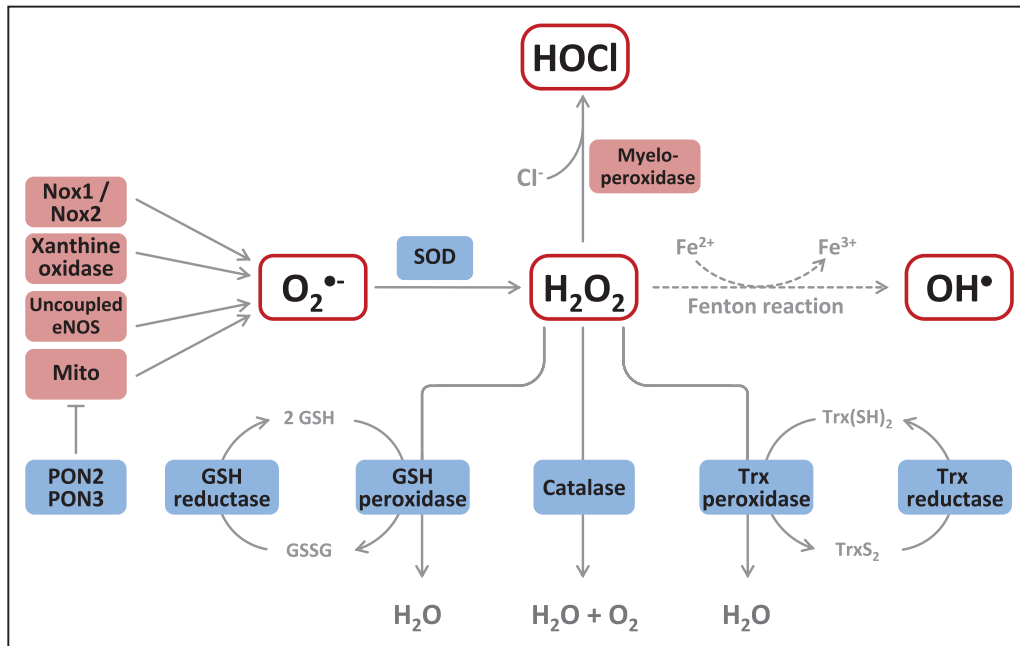


Figure 1. Enzymes involved in the generation and inactivation of reactive oxygen species (ROS). Superoxide anion ($O_2^{\cdot-}$) can be produced in the vascular wall by NADPH (reduced form of nicotinamide adenine dinucleotide phosphate) oxidases (Nox1 and Nox2), xanthine oxidase, uncoupled endothelial nitric oxide synthase (eNOS), and the mitochondrial respiration chain. $O_2^{\cdot-}$ can be converted to hydrogen peroxide (H_2O_2) by the enzyme superoxide dismutase (SOD). H_2O_2 can undergo spontaneous conversion to hydroxyl radical (OH \cdot) via the Fenton reaction. OH \cdot is extremely reactive and attacks most cellular components. H_2O_2 can be detoxified via glutathione (GSH) peroxidase, catalase or thioredoxin (Trx) peroxidase to H_2O and O_2 . The enzyme myeloperoxidase can use H_2O_2 to oxidize chloride to the strong-oxidizing agent hypochlorous acid (HOCl). HOCl can chlorinate and thereby inactivate various biomolecules including lipoproteins and the eNOS substrate L-arginine. Besides HOCl generation, myeloperoxidase can oxidize (and thus inactivate) NO to nitrite (NO_2^-) in the vasculature. Paraoxonase (PON) isoforms 2 and 3 can prevent mitochondrial $O_2^{\cdot-}$ generation. Reprinted from Li et al⁶⁷ with permission of the publisher. Copyright © 2013, Elsevier.

atherogenic diet, whereas no effect can be found after 3 months on the atherogenic diet or after 8 months on standard chow.⁹⁰ Therefore, functional significance of SOD3 in atherogenesis is still unclear and warrants more studies in future.

Overall, the effect of SOD enzymes on atherosclerosis is likely to be context dependent. SOD enzymes may have antiatherosclerotic effects by inhibition of oxidative damages caused by superoxide and by prevention of superoxide-mediated inactivation of NO. However, SOD may also enhance oxidative stress in case that the capacity of downstream enzymes (eg, catalase and GPx) is insufficient to detoxify SOD the product (Table 2).

Catalase

Catalase is located exclusively in peroxisomes⁵⁸ where it catalyzes the reduction of hydrogen peroxide to oxygen and water. Overexpression of catalase reduces atherosclerosis in ApoE-KO mice.⁸⁸

Although ROS indisputably participate in atherogenesis, it is likely that the relative contribution of different ROS varies in different atherosclerosis models (Table 2). This becomes apparent when SOD1 is compared with catalase in mouse atherosclerosis models. In ApoE-KO mice on high-fat diet, overexpression of catalase reduces atherosclerosis, whereas SOD1 overexpression is ineffective.^{88,92} It is likely that superoxide makes only a minor contribution to the atherosclerosis induced by a high-fat diet or by ApoE deficiency. It has been suggested that these atherogenic stimuli (eg, oxidized low-density lipoprotein [oxLDL]) lead to the accumulation of peroxides and

not superoxide.¹⁰³ In contrast, the effect of SOD1 overexpression is evident in atherosclerosis models where both hydrogen peroxide and superoxide participate in atherogenesis, such as x-ray exposure⁹¹ or treatment with the environmental pollutant benzo(a)pyrene.⁹²

Glutathione Peroxidases

By reducing hydrogen peroxide to water and lipid hydroperoxides to their corresponding alcohols, glutathione peroxidases (GPx) represent the major antioxidant enzyme within many cells.¹⁰⁴ GPx1 is the ubiquitous intracellular member of the GPx family and is expressed both in the mitochondria and in the cytoplasm. A low activity of red blood cell GPx1 is associated with an increased risk of cardiovascular events in patients with coronary artery disease (CAD).¹⁰⁵ GPx1 deficiency increases LDL oxidation, foam cell formation, and macrophage proliferation.¹⁰⁶ Two independent studies have shown that deficiency of GPx1 enhances atherosclerosis in ApoE-KO mice,^{94,95} indicating a protective role of GPx1 against atherogenesis. Consistently, seleno-organic GPx1-mimetics also reduce atherosclerotic lesions in diabetic ApoE-KO mice.¹⁰⁷

Similar antiatherosclerotic properties have been shown for GPx4, although this GPx enzyme differs significantly from the other GPx family members in structure, intracellular localization, and functional characteristics.¹⁰⁸ GPx4 reduces hydrogen peroxide and a wide range of lipid hydroperoxides, including oxidized phospholipids and cholesterol hydroperoxides.⁹⁶ GPx4 overexpression reduces atherosclerosis in ApoE-KO

Table 2. Role of Antioxidative Enzymes in Atherosclerosis

Enzyme	Gene Altered	Genetic Background	Diet/intervention	Atherosclerosis	References
SOD1	<i>SOD1</i> Tg	B6	Atherogenic diet	↑	86
	<i>SOD1</i> Tg	B6	Atherogenic diet+irradiation	↓	91
	<i>SOD1</i> Tg	ApoE-KO	Normal chow	↔	88
	<i>SOD1</i> Tg+ <i>CAT</i> Tg	ApoE-KO	Normal chow	↓	88
	<i>SOD1</i> Tg	ApoE-KO	Normal chow+BaP	↓	92
	<i>SOD1</i> Tg+ <i>CAT</i> Tg	ApoE-KO	Normal chow+BaP	↓↓	92
SOD2	<i>SOD2</i> ^{-/-}	ApoE-KO	Normal chow	↑	62
SOD3	<i>SOD3</i> ^{-/-}	ApoE-KO	Normal chow	↓ (1 mo) ↔ (3 mo)	90
	<i>SOD3</i> ^{-/-}	ApoE-KO	Atherogenic diet	↔ (8 mo)	90
Catalase	<i>CAT</i> Tg	ApoE-KO	Normal chow	↓	88
	<i>CAT</i> Tg	ApoE-KO	Normal chow+BaP	↓	92
GPx1	<i>GPx1</i> ^{-/-}	B6	High fat	↔ (12 wk) ↓ (20 wk)	93
	<i>GPx1</i> ^{-/-}	ApoE-KO	Western diet	↑	94
	<i>GPx1</i> ^{-/-}	ApoE-KO	Normal chow+streptozotocin	↑	95
GPx4	<i>GPx4</i> Tg	ApoE-KO	Normal chow	↓	96
PON1	<i>PON1</i> Tg	B6	Atherogenic diet	↓	97
	<i>PON1</i> Tg	ApoE-KO	Normal chow	↓	97
	<i>PON1</i> ^{-/-}	B6	Atherogenic diet	↑	98
PON2	<i>PON2</i> Tg	ApoE-KO	Normal chow	↓	99
	<i>PON2</i> ^{-/-}	B6	Atherogenic diet	↑	100
PON3	<i>PON3</i> Tg	B6	Atherogenic diet	↓	101
	<i>PON3</i> Tg	LDLR-KO	Western diet	↓	101
Thioredoxin-2	Endothelial Tg	ApoE-KO	Western diet	↓	102

ApoE-KO indicates apolipoprotein E-knockout; BaP, benzo(a)pyrene; GPx1, glutathione peroxidase 1; LDLR-KO, low-density lipoprotein receptor-knockout; PON, paraoxonase; and SOD, superoxide dismutase.

mice by preventing lipid peroxidation and oxidized lipid sensing by vascular cells.⁹⁶

Paraoxonases

The paraoxonase family of proteins has 3 members (paraoxonase 1, paraoxonase 2, and paraoxonase 3) with overlapping and discrete esterase and lactonase activities, metabolizing/hydrolyzing arachidonic acid oxidation products (all 3 paraoxonases), organophosphates (paraoxonase 1), quorum-sensing signals of pathogenic bacteria (N-acyl-homoserine lactones by paraoxonase 2), and drugs (eg, lovastatin and spironolactone by paraoxonase 3).¹⁰⁹ All 3 paraoxonase proteins reduce oxidative stress, decrease lipid peroxidation, and diminish atherosclerosis, but with different mechanisms.

Paraoxonase 1 is mainly synthesized by the liver and associates with high-density lipoprotein (HDL) particles. Many of the antiatherosclerotic properties of HDL are partly attributed to the esterase, peroxidase-like, and phospholipase-like activities of paraoxonase 1.¹¹⁰⁻¹¹² HDL-associated paraoxonase 1 inhibits the formation of oxidized phospholipids and thus LDL oxidation. Overexpression of paraoxonase 1^{97,113} reduces

atherosclerosis, whereas disruption of paraoxonase 1 gene⁹⁸ exacerbates atherogenesis (Table 2).

Paraoxonase 2 is undetectable in plasma¹¹⁴ but abundantly expressed in the vascular wall. Paraoxonase 2 is found in intracellular structures, such as the membranes of the ER or mitochondria, where it reduces superoxide formation and ER stress signaling.^{115,116} Interestingly, paraoxonase 2 can translocate to the plasma membrane in response to oxidative stress where it suppresses lipid peroxidation and regulates glucosylceramide content.¹¹⁷ Paraoxonase 2 prevents LDL peroxidation, reduces oxidative stress in all major vascular cells,^{100,116} and protects against atherosclerosis in mouse models (Table 2).^{99,100} In humans, paraoxonase 2 expression is found decreased in plaques versus plaque-adjacent tissue, indicating that the protective effect of paraoxonase 2 could fail during atherosclerosis development.¹¹⁸

Paraoxonase 3 is found both in serum and cells and prevents LDL oxidation like paraoxonase 1.¹¹⁹ Similar to paraoxonase 2, paraoxonase 3's antioxidative effect results from the prevention of mitochondrial superoxide formation because of an interaction with coenzyme Q10 (ubiquinone).^{115,120} During the Q cycle, the unstable intermediate

ubisemiquinone can donate an electron to molecular oxygen leading to superoxide production. Paraoxonase 2 and paraoxonase 3 are present in the inner mitochondrial membrane and bind to coenzyme Q10 with high affinity. The 2 paraoxonase enzymes sequester ubisemiquinone and thereby reduce mitochondrial superoxide formation.^{115,120,121} Paraoxonase 3 counteracts atherosclerosis in mice,¹⁰¹ and its expression level is reduced in vascular cells of atherosclerotic patients.¹²²

Thioredoxins

The thioredoxin systems involve thioredoxin, thioredoxin reductases, and thioredoxin peroxidases.^{123,124} Thioredoxin can reduce target proteins via cysteine thiol-disulfide exchanges. Thioredoxin-dependent peroxidase can also directly scavenge hydrogen peroxide, and thioredoxin reductase converts oxidized thioredoxin to its reduced form to facilitate its redox activity (Figure 1). Experiments with transgenic mice have shown that both the cytosolic thioredoxin-1 and the mitochondrial thioredoxin-2 systems are essential regulators of cardiac function.^{123,124} For the vascular system, compelling evidence exists supporting a crucial role of the thioredoxin-2 system. Endothelial-specific deletion of thioredoxin-R2 leads to increased vascular stiffness, impaired endothelial function, and a prothrombotic, proinflammatory vascular phenotype.¹²⁵ Endothelial-specific overexpression of mitochondrial thioredoxin-2 improves endothelial function and reduces atherosclerotic lesions in ApoE-KO mice.¹⁰²

Role of NO in Atherosclerosis

Results from studies using genetically modified animals indicate that NO synthase (NOS) isoforms have different roles in atherosclerosis with eNOS and neuronal nitric oxide synthase (nNOS) being atheroprotective and inducible nitric oxide synthase (iNOS) being proatherogenic.¹²⁶

Neuronal NO Synthase

The nNOS is expressed in not only perivascular nerve fibers but also the vascular wall^{127,128} and atherosclerotic plaques.¹²⁹ Vascular nNOS contributes to vasodilation¹³⁰ and can partly compensate the loss of eNOS in eNOS^{-/-} mice.^{131–133} Recent human studies suggest that nNOS plays an important role in the local regulation of vascular tone independently of its effect in the central nervous system. Inhibition of nNOS reduces the basal blood flow in human forearm and coronary

circulations without affecting the eNOS-mediated vasodilatation elicited by acetylcholine, substance P, or increased shear stress,^{134,135} indicating distinct roles of nNOS and eNOS.

Disruption of nNOS gene enhances neointimal formation and constrictive vascular remodeling in a mouse model of carotid artery ligation.^{128,136} Double knockout (DKO) mice deficient in nNOS and ApoE show markedly larger atherosclerotic lesion in the aortic root and descending thoracic aorta^{129,137} and increased mortality¹³⁷ (Table 3).

Inducible NO Synthase

The inducible isoform iNOS is normally absent in the vasculature under physiological conditions. Its expression is induced in blood vessels in pathological situations, such as inflammation, sepsis, or oxidative stress.¹⁴⁴

Genetic disruption of iNOS ameliorates atherosclerotic lesion in ApoE-KO mice without changing the lipid profile¹³⁸ (Table 3). The reduced atherosclerosis in iNOS/ApoE DKO mice is associated with decreased plasma levels of lipoperoxides, indicating that peroxynitrite-mediated oxidative stress is likely to be involved in the proatherosclerotic effects of iNOS.¹³⁸

In contrast to the regulated production of NO by nNOS and eNOS, iNOS may generate large amounts of NO over long periods of time. If induced in endothelial cells, iNOS competes with eNOS for BH4 and thus reduces eNOS-mediated NO production by limiting BH4 availability for eNOS.¹⁴⁵ Furthermore, iNOS induction in the vasculature facilitates the generation of peroxynitrite,^{146–149} a key proatherosclerosis oxidant.^{150,151} Indeed, the expression of iNOS in human atherosclerosis plaque is associated with nitrotyrosine, a marker of peroxynitrite formation.^{149,152,153}

Endothelial NO Synthase

The eNOS enzyme is constitutively expressed mainly in endothelial cells. Its activity is regulated by shear stress of the flowing blood and by agonists such as bradykinin and acetylcholine. Endothelial NO produced by eNOS induces vascular smooth muscle relaxation and inhibits platelet aggregation and adhesion.^{63–65} In addition to these antihypertensive and antithrombotic properties, eNOS-derived NO also exerts multiple antiatherosclerotic effects, including inhibition of LDL oxidation, prevention of leukocyte adhesion to vascular endothelium and leukocyte migration into the vascular wall, and inhibition of vascular smooth muscle cell proliferation.^{63–65} At

Table 3. Role of NO Synthases in Atherosclerosis

Enzyme	Gene Altered	Genetic Background	Diet/intervention	Atherosclerosis	References
nNOS	<i>nNOS</i> ^{-/-}	ApoE-KO	Western diet	↑	137
iNOS	<i>iNOS</i> ^{-/-}	ApoE-KO	Western diet	↓	138
eNOS	<i>eNOS</i> ^{-/-}	ApoE-KO	Western diet	↑	139–141
	<i>eNOS</i> -Tg	ApoE-KO	Western diet	↑	142
	<i>eNOS</i> -Tg x <i>GCH1</i> -Tg	ApoE-KO	Normal chow	↓ (vs eNOS-Tg) ↔ (vs ApoE-KO)	143

ApoE-KO indicates apolipoprotein E-knockout; eNOS, endothelial nitric oxide synthase; iNOS, inducible nitric oxide synthase; and nNOS, neuronal nitric oxide synthase.

low physiological levels, NO also acts as an antioxidant, abating fenton-type reactions, terminating radical chain reactions, and inhibiting peroxidases and oxidases (eg, by nitrosylation of allosteric thiols).¹⁵⁴

Consistent with the antiatherosclerotic role of eNOS-derived NO, genetic disruption of eNOS in ApoE-KO mice enhances atherosclerosis^{139,140} (Table 3). Unexpectedly, overexpression of eNOS also accelerates atherogenesis in ApoE-KO mice.¹⁴² This paradoxical phenomenon is explained by later findings that eNOS overexpression leads to eNOS uncoupling owing to a relative deficiency of eNOS cofactor BH4. Indeed, reversal of eNOS uncoupling by upregulating BH4 synthesis in ApoE-KO/eNOS-Tg mice leads to a reduction of atherosclerotic lesion.¹⁴³

The eNOS-KO mice are hypertensive. However, hypertension does not account for the accelerated atherosclerosis in the eNOS-KO animals. Treatment of ApoE/eNOS DKO mice with hydralazine lowers the blood pressure to levels seen in ApoE-KO mice, but does not change the extent of lesion formation in ApoE/eNOS-DKO mice. These results indicate that hypertension is not required for the accelerated atherosclerosis seen in apoE/eNOS DKO animals and that eNOS plays important roles in suppressing atherogenesis separate from blood pressure regulation.¹⁴⁰

Recent studies have shown that eNOS is also present in the perivascular adipose tissue. Under physiological conditions, NO derived from perivascular adipose tissue-eNOS contributes to the vasoprotective effects of perivascular adipose tissue. Under pathological conditions, however, perivascular adipose tissue-eNOS may become a superoxide-generating enzyme.^{155,156}

Differences Between Murine Models and Human Pathology

Although the ApoE-KO and the LDL receptor-KO mice are excellent models for atherosclerosis research, there exist significant differences between these commonly used murine models and human pathology.^{157,158} For instance, (1) these mice have usually excessive blood cholesterol levels; they are not common in human patients. (2) The majority of lipoproteins are found in the HDL fraction in mice, whereas it is in LDL and very-low-density lipoprotein in humans. (3) Murine atherosclerosis studies are mostly performed in relatively young mice without aging. (4) There are significant differences between the murine and human immune systems. (5) Mice do not develop plaque rupture on a regular basis.^{157,158} Therefore, these differences must be considered when translating results from murine experiments into clinical settings.

Because of the significance of such differences, mouse models for plaque rupture have been developed. The brachiocephalic artery in ApoE-deficient mice fed a high-fat diet, with or without angiotensin II infusion, is a practically feasible model for plaque rupture.¹⁵⁹ It has been shown in this model that monocyte/macrophage-mediated oxidative stress and inflammation are likely to be involved in plaque destabilization and plaque rupture.¹⁶⁰ Recently, a mouse model with a fibrillin-1 gene mutation on the ApoE-KO background has

been described as a model of acute plaque rupture with human-like complications.¹⁶¹ Also in this model, lipid oxidation and iNOS-mediated inflammation are likely to play roles in the pathology.

In both the ApoE-KO and LDL receptor-KO mice, atherogenesis is driven, at least in part, by non-HDL hyperlipidemia, although the underlying mechanisms are different.¹⁶² Because ApoE has antioxidative properties, the oxidation of lipoproteins is more prominent in apoE-KO mice than in LDL receptor-KO mice. Consistently, antibodies to oxidized LDL epitopes are especially high in the ApoE-KO mice.¹⁶² There are no data available directly comparing the levels of endothelial NO between the 2 mouse models.

There exist sex differences in atherosclerosis,¹⁶³ both in humans¹⁶⁴ and mice.¹⁶⁵ Atherosclerotic lesion formation and lipid accumulation in the aorta from ApoE-KO mice is more pronounced in men than women.¹⁶⁵ These sex-dependent differences are associated with lower NADPH oxidase activity in the women.¹⁶⁵ Moreover, ovariectomy enhances NADPH oxidase activity, lipid deposition, and atherosclerotic lesion formation, which can be recovered by administration of 17 β -estradiol, indicating the role of female sex hormones.^{165,166} Furthermore, arteries from female animals also show higher expression of SOD1, SOD2, and eNOS.¹⁶⁷ Estrogens have been shown to enhance eNOS expression and NO production in endothelial cells.¹⁶⁸

Gene Polymorphisms and Atherosclerosis in Humans

Genome-wide association studies have identified 58 single-nucleotide polymorphisms that are genome-wide significantly associated with CAD.^{169,170} Ten of the CAD loci are associated with LDL and another 5 with blood pressure,¹⁷⁰ which should not be surprising. On the contrary, the majority of the CAD genome-wide association study loci is not associated with known risk factors for CAD.¹⁷⁰ The redox genes and NO synthase genes mentioned in this article are not among the 58 CAD genome-wide association study loci, either.

In contrast to genome-wide association studies, hypothesis-driven candidate gene association studies have provided evidence for possible association of redox gene and eNOS gene polymorphisms with the risk of atherosclerosis (Table 4). Unfortunately, the results are often conflicting and inconclusive, partially because of the small sample size in each study or the differences in ethnicity.

NADPH Oxidase Subunits

The p22phox subunit is required by Nox family members of NADPH oxidases. The Nox proteins and the p22phox protein are stable only as a heterodimer. A significant number of allelic variants have been identified within the promoter and exonic sequences of the p22phox gene.¹⁹¹ Among these, particular attention has been paid to the C242T polymorphism which results in replacement of histidine by tyrosine at amino acid position 72 (H72Y), a potential heme binding site.¹⁷⁴ The 242T allele has been shown to be associated with reduced NADPH oxidase activity and respiratory burst in human neutrophils,¹⁹² and with decreased vascular NADPH oxidase activity in saphenous veins of patients with CAD, independently of other

Table 4. Gene Polymorphisms and Atherosclerosis

Enzyme	rs Number	Polymorphism	Functional Consequence	Effects on Atherosclerosis
Nox2	rs4673	C242T (His72Tyr)	Nox2 activity↓	CAD ↓ ^{171–173}
				CAD ↑ ^{174,175}
SOD1	rs9974610	A→G (≈13.6 kb 5' from TSS)	Unknown	CV death risk ↓ ¹⁷⁶
	rs10432782	T→G (intron 2)	Unknown	CV death risk ↑ ¹⁷⁶
	rs1041740	C→T (intron 4)	Unknown	
SOD2	rs4880	Ala16Val	↓SOD2 into mitochondria	CAD ↑ ^{177–179}
SOD3	rs1799895	Arg213Gly	↓SOD3 tissue binding	CAD risk ↑ ^{180,181}
GPx1	rs1050450	Pro198Leu	GPx1 activity↓	IMT ↑ ¹⁸² ; CAD ↑ ^{183,184}
			GPx1 activity ↔	No effect ^{185,186}
eNOS	rs1799983	Glu298Asp	eNOS activity↓	CAD ↑ ^{187–189}
	rs 2070744	-T786C	eNOS expression↓	CAD ↑ ^{189,190}
		Intron 4 VNTR	eNOS expression↓?	CAD ↑ ^{187,189}

CAD indicates coronary artery disease; CV, cardiovascular; GPx1, glutathione peroxidase 1; Nox2, NADPH (reduced form of nicotinamide adenine dinucleotide phosphate) oxidase 2; SOD, superoxide dismutase; and TSS, transcription start site.

clinical risk factors.¹⁹³ Although some studies indicate that the T allele may confer protection against atherosclerosis,^{171–173} some other studies have shown negative or even opposite effects.^{174,175} Two recent meta-analyses have also provided conflicting results.^{194,195} Therefore, more studies are needed before a definitive conclusion can be drawn.

Whereas the C242T variant is a rather common (T allele ≈20%¹⁹⁴) genetic polymorphism, the chronic granulomatous disease is a rare (1 in 200 000–250 000 individuals) inherited disorder of the innate immune system and caused by genetic defects in the genes encoding 4 of the phox proteins (Nox2/gp91phox, p22phox, p47phox, and p67phox).¹⁹¹ The deficiency of Nox2 activity in patients with chronic granulomatous disease results in an improved flow-mediated arterial dilation¹⁹⁶ and a protection of the vascular endothelium against ischemia/reperfusion-induced endothelial dysfunction in the brachial artery.¹⁹⁷ Moreover, individuals with chronic granulomatous disease have lower carotid intimal-medial thickness¹⁹⁸ and reduced carotid atherosclerosis,¹⁹⁹ although coronary atherosclerosis is not changed by chronic granulomatous disease.¹⁹⁹ All these observations support the concept that Nox2 activity contributes to atherogenesis in humans. Consistently, upregulation of Nox2 is evident in coronary arteries of human patients with atherosclerosis.^{55,200}

SOD Enzymes

Association studies for SOD1 has been scarce. A recent study has found that 3 variants in the SOD gene are associated with increased risk of death from cardiovascular causes (sudden death, fatal myocardial infarction, or stroke).¹⁷⁶

A functional polymorphism has been identified in the SOD2 gene resulting in the replacement of alanine 16 with a valine (Ala16Val) in the mitochondrial targeting domain. Human beings harboring this variant have an increased carotid intima-to-media thickness and are at increased risk for CAD and acute myocardial infarction.^{177–179}

Genetic variants exist in both the coding region and the promoter region of SOD3 gene.²⁰¹ Most researches have concentrated on the functional variant Arg213Gly in the heparin-binding domain. The Gly allele is associated with decreased SOD3 affinity for heparin, reduced tissue binding,^{202–204} and reduced antioxidant effects in the vascular wall.²⁰⁴ This polymorphism has been linked to increased body weight, triglycerides, and higher cardiovascular risk^{180,181} but paradoxically decreased risk of lung disease.²⁰⁵

GPx1

The Pro198Leu polymorphism is a site located within the GPx1 C-terminal region. This amino acid substitution has been proposed to change structural conformation of the active site region and to modify the enzyme activity.²⁰⁶ GPx1 polymorphism has been associated with increased carotid intima-to-media thickness, peripheral arterial disease, and increased CAD risk.^{182–184,207} However, other studies found no association of Pro198Leu polymorphism with stroke²⁰⁸ or coronary artery stenosis.^{185,186} The predicted tertiary structure of GPx1 shows that the C-terminal fragment containing the Pro198Leu polymorphic site is located on the protein surface and within a nonfunctional fragment.¹⁸⁵

eNOS

The most intensively examined and functionally related common eNOS variants include Glu298Asp (G894T), -T786C, and the intron 4 variable number tandem repeat.^{187,209} Early studies suggested that eNOS protein containing 298Asp is subject to selective proteolytic cleavage.^{210,211} These observations, however, turned out to be artifacts.^{212,213} A later study has provided evidence that the Glu298Asp single-nucleotide polymorphism affects eNOS localization to caveolar membrane leading to diminished shear-dependent responses and impaired coordination of the eNOS regulatory cycle.²¹⁴ A large number of genetic association studies exist addressing

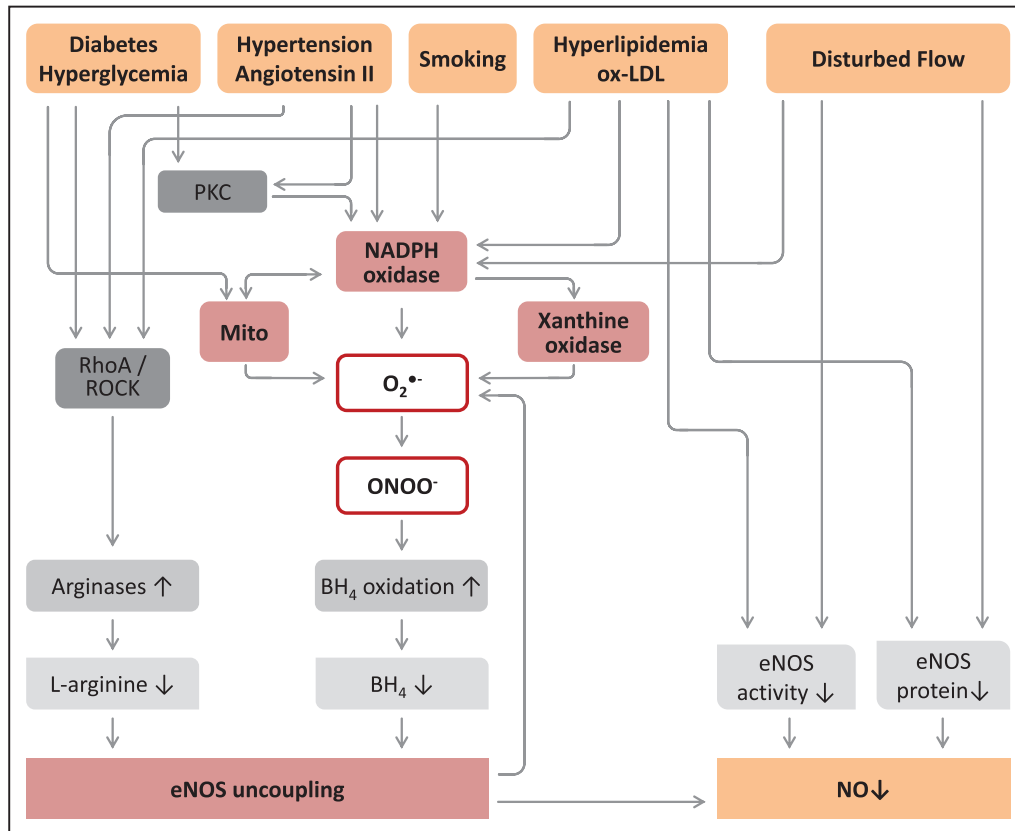


Figure 2. Cardiovascular risk factors induce vascular oxidative stress and reduce endothelial nitric oxide (NO) production.

Hypercholesterolemia, hypertension, smoking, and diabetes mellitus lead to activation of NADPH (reduced form of nicotinamide adenine dinucleotide phosphate) oxidase, partly through mechanism dependent on protein kinase C (PKC). Diabetes mellitus also stimulates mitochondrial ROS production, which then triggers NADPH oxidase activation. NADPH oxidase can enhance superoxide ($O_2^{\cdot-}$) production from mitochondria and xanthine oxidase. The endothelial NO synthase (eNOS) enzyme can become uncoupled through 2 major mechanisms: deficiency of the cofactor tetrahydrobiopterin (BH₄) or of the substrate L-arginine. $O_2^{\cdot-}$ reacts with NO resulting in peroxynitrite (ONOO⁻). ONOO⁻ oxidizes BH₄ leading to BH₄ deficiency. L-Arginine deficiency is caused by upregulation of arginase expression and activity, partly through RhoA/ROCK-dependent mechanisms. Uncoupled eNOS produces superoxide thereby potentiating oxidative stress. The uncoupling of eNOS decreases endothelial NO production, which is further exacerbated by reduced eNOS expression and activity. In addition to the risk factors at the population level, disturbed flow renders arterial bifurcations and side branches prone to atherosclerosis. Enhanced oxidative stress and reduced endothelial NO production contribute significantly to the enhanced atherosclerosis at these regions.

the impact of Glu298Asp polymorphisms on atherosclerosis risk with partly promising results.^{188,215–217} However, negative findings have also been reported.^{184,218,219} Results from several meta-analyses indicate positive associations of Glu298Asp,^{187–189} -786T>C,^{189,190} and Intron 4¹⁸⁹ polymorphisms with CAD risk.

Cardiovascular Risk Factors Induce Vascular Oxidative Stress and Decrease Endothelial NO Production

All established risk factors for atherosclerosis enhance oxidative stress and induces eNOS uncoupling in the vascular wall.^{66,67} Uncoupling of eNOS leads to not only reduced endothelial NO production but also a potentiation of oxidative stress (Figure 2).

Hypertension

Hypertension is a major risk factor for atherosclerosis and for CAD and stroke. One of the underlying mechanisms for the enhanced atherogenesis in hypertension patients is oxidative stress. In fact, oxidative stress plays a crucial role in the

pathogenesis of hypertension itself. This has been shown for variety animal models of hypertension types, including angiotensin II-induced hypertension, spontaneously hypertensive rats (an animal model of genetic hypertension), and deoxycorticosterone acetate-salt hypertension, which is a low renin/angiotensin hypertension model. Moreover, NADPH oxidase is likely to represent the primary ROS source. Genetic deletion or pharmacological inhibition of NADPH oxidase lowers blood pressure in hypertension models.^{8,220,221}

Uncoupled eNOS also contributes significantly to vascular oxidative stress in hypertension.^{66,67} Molecular mechanisms for eNOS uncoupling in hypertension include BH₄ deficiency, L-arginine deficiency, and S-glutathionylation. The deficiency of BH₄ is caused by NADPH oxidase-mediated of BH₄ oxidation⁸ and by reduced BH₄ recycling from BH₂ because of a downregulation of endothelial dihydrofolate reductase.²²² L-Arginine deficiency in hypertension models has been attributed to upregulation of arginase expression/activity in blood vessels.^{223–225} Uncoupling of eNOS by S-glutathionylation is evident in angiotensin II-induced hypertension.²²⁶ Reversal of eNOS uncoupling reduces blood pressure in hypertensive

animals²²¹ or contributes to blood pressure reduction by some antihypertensive drugs.²²⁶

Hypercholesterolemia

NADPH oxidases and XO are proposed to be the major sources of superoxide in the coronary artery of hypercholesterolemic patients with CAD.⁵⁵ Uncoupling of eNOS is likely to be a subsequent event secondary to oxidative stress mediated by NADPH oxidase (and XO) because of oxidation-induced BH4 deficiency. Both native LDL and oxLDL have been shown to stimulate superoxide/peroxynitrite production and to uncouple eNOS.^{227,228} ROS production from uncoupled eNOS has been shown in LDL-treated endothelial cells, in hypercholesterolemic ApoE-KO mice⁷¹ and in hypercholesterolemic patients.⁷² In addition to the direct effects of LDL on endothelial ROS production, hypercholesterolemia may indirectly enhance oxidative stress by potentiating the effects of angiotensin II via upregulation of AT1 receptor.²²⁹

In addition to BH4 deficiency, L-arginine deficiency also represents a cause of eNOS uncoupling in hypercholesterolemia. An upregulation of arginase expression and activity has been shown in ApoE-KO mice (Arg2)^{230,231} and in hyperlipidemic rabbits (Arg1 and Arg2).²³² The aortic arginase activity in ApoE-KO mice is significantly reduced after the removal of the endothelium, suggesting important contribution from endothelial cells.²³⁰ The functional relevance of arginase upregulation in atherosclerosis has been shown in ApoE-KO mice. Selective endothelial overexpression of Arg2 induces endothelial dysfunction and enhances atherosclerosis in mice.²³³ Chronic treatment with an arginase inhibitor for 4 or 8 weeks reduces aortic plaque burden in ApoE-KO mice.²³⁰

In addition to eNOS uncoupling, LDL and oxLDL also reduce endothelial NO production by inhibiting eNOS activity.⁶⁶ Hypercholesterolemia upregulates caveolin abundance, stimulates eNOS translocation to membrane caveolae, and promotes eNOS interaction with caveolin.²³⁴ Moreover, LDL also decreases the association of eNOS with Hsp90.²²⁸ These effects additively inhibit eNOS activity because caveolin is an inhibiting and Hsp90 a stimulating interaction protein of eNOS. Finally, oxLDL decreases eNOS activity by inhibiting Akt-mediated phosphorylation of eNOS at serine 1177²³⁵ or by increased proteasomal degradation of eNOS protein.²³⁶

Cigarette Smoking

Cigarette smoke-containing compounds have the potential to active endothelial NADPH oxidase²³⁷ and to stimulate mitochondrial oxidative stress.²³⁸ The enhanced production of superoxide and peroxynitrite leads to vascular inflammation, DNA damage, and vascular aging.²³⁸ Moreover, compounds from cigarette smoke also induce oxidative modifications of LDL, which potentiates the pro-oxidative activity of LDL (oxLDL is more potent in activating NADPH oxidase than native LDL).²³⁹ BH4 deficiency and eNOS uncoupling have been documented in smokers and supplementation with BH4 can reverse eNOS uncoupling and improve endothelial dysfunction in smokers.⁷⁵

Diabetes Mellitus

Hyperglycemia stimulates ROS production from different cellular sources. Among these, the mitochondrial electron-transport chain is likely to represent the initial superoxide producer.²⁴⁰ Mitochondria-derived superoxide overproduction leads to activation of protein kinase C and formation of advanced glycation end products.²⁴⁰ Protein kinase C and advanced glycation end products can activate NADPH oxidase and, at the same time, inhibit eNOS activity through post-translational modifications.²⁴¹

Protein kinase C-stimulated NADPH oxidase activation and eNOS uncoupling have been observed in streptozotocin-induced type 1 diabetes mellitus.²⁴² This is likely to be attributable to NADPH oxidase-mediated BH4 oxidation. Indeed, BH4 oxidation and BH4 deficiency are evident in streptozotocin-treated mice²⁴³ and rats.²⁴⁴ In addition, diabetes mellitus also causes BH4 deficiency by reducing BH4 synthesis. Enhanced ROS production in diabetes mellitus accelerates proteasomal degradation of guanosine 5'-triphosphate cyclohydrolase I, a rate-limiting enzyme in the synthesis of BH4.²⁴⁵⁻²⁴⁷ In addition, eNOS S-glutathionylation represents another important mechanism of eNOS uncoupling in the setting of type 1 diabetes mellitus.²⁴⁷

In mouse models of type 2 diabetes mellitus, a relative BH4 deficiency is evident because of an enhanced BH4 oxidation and a low BH4:BH2 ratio.²⁴⁸⁻²⁵⁰ The increased levels of angiotensin II in diabetic patients may additionally reduce dihydrofolate reductase expression and decrease BH4 recycling from BH2.²²²

L-Arginine deficiency represents another mechanism for eNOS uncoupling under conditions of diabetes mellitus. High glucose upregulates Arg1 in (bovine and murine) endothelial cells,^{251,252} whereas persistent insulin stimulation upregulates the expression and activity of Arg2 in human endothelial cells.²⁵³ In addition, L-arginine deficiency and eNOS uncoupling have also been documented in rodent models of type 1^{251,252,254,255} and type 2 diabetes mellitus.²⁵⁶

In patients with type 2 diabetes mellitus, plasma arginase activity is elevated.²⁵⁷ An upregulation of Arg1 in coronary arterioles of patients with (type 1 or type 2) diabetes mellitus has been shown to contribute to the reduced NO production and consequently diminished vasodilation.²⁵⁸ Arginase inhibition markedly improves endothelium-dependent vasodilation in the forearm of patients with type 2 diabetes mellitus and CAD, whereas it does not affect endothelial function in healthy controls.²⁵⁹ This observation indicates a functional role of arginase contributing to endothelial dysfunction in patients with diabetes mellitus.

Biomechanical Factors

Besides the risk factors at population level (hypertension, hypercholesterolemia, smoking, and diabetes mellitus), disturbed blood flow represents a key risk factor for atherosclerosis within an organism. Atherosclerosis preferentially develops at arches, arterial bifurcations, and side branches, regions that are exposed to nonuniform, disturbed patterns of blood flow.²⁶⁰ Several studies have demonstrated the causal relationship between disturbed flow and atherosclerosis. Disturbed flow induced by applying a constrictive cuff^{261,262}

or by partial ligation or tandem ligations^{263,264} leads to rapid development of atherosclerosis in the carotid artery, which is otherwise resistant to atherogenesis.

In each cardiac cycle, arteries are exposed to perpendicular and longitudinal forces generated by intraluminal pressure, and axial stress (shear stress), which acts longitudinally on the surface of the arterial wall.²⁶⁰ Whereas laminar flow (with a high shear stress parallel to the vascular wall and a low circumferential strain) is atheroprotective, disturbed flow (with a change in the diameter and proximity to bifurcations) is proatherogenic.^{260,265,266} Endothelial cells exposed laminar flow show higher endothelial NO production and are resistant to inflammatory signals and have low intercellular permeability.²⁶⁵ In contrast, endothelial cells exposed to disturbed flow show a proinflammatory phenotype with higher ROS production, elevated cell turnover, increased cell-cell permeability, and upregulated expression of adhesion molecules and chemokines.²⁶⁵

Laminar flow enhances endothelial NO production²⁶⁷ by stimulating eNOS phosphorylation at serine 1177^{268,269} and thus increasing the sensitivity of the enzyme to Ca^{2+} so that the enzyme can be activated at resting Ca^{2+} levels.²⁷⁰ In addition, shear stress also upregulates eNOS expression.²⁷¹ In contrast, disturbed flow or oscillatory shear stress decreases eNOS expression and activity.^{272,273}

On the contrary, oscillatory shear stress markedly increases endothelial superoxide production,²⁷⁴ with NADPH oxidase being the primary superoxide source.^{9,275} Importantly, NADPH oxidases serve a role as a master oxidase and promote ROS production from other enzymatic sources, eg, XO.⁹ Xanthine oxidoreductase exists in 2 forms: xanthine dehydrogenase (XDH) and XO. XDH can be converted to XO by reversible sulfhydryl oxidation or by irreversible proteolytic modification.²⁷⁶ In endothelial cells, oscillatory shear stress leads to a NADPH oxidase-dependent degradation of XDH resulting in an increase in XO/XDH ratio. Because both XO and XDH use xanthine as a substrate but only XO generates superoxide, the higher XO/XDH ratio results in enhanced XO-mediated superoxide production.⁹

Redox Signaling

NO exerts its cellular effects through both cGMP-dependent and cGMP-independent mechanisms. In a cGMP-independent manner, NO modifies protein cysteine residues resulting in an S-nitrosothiol.²⁷⁷ A plethora of proteins (including NADPH oxidase²⁷⁸ and eNOS itself²⁷⁹) undergo S-nitrosylation, which may represent part of the mechanistical explanation of the wide range of cellular effects of NO in the cardiovascular system.²⁷⁷

Protein denitrosylation can be catalyzed by 2 major enzymatic systems. Whereas thioredoxins directly denitrosylate substrate S-nitrosothiol proteins, the S-nitrosoglutathione (GSNO) reductase governs protein S-nitrosylation indirectly by acting on GSNO and thereby modulates the cellular equilibrium between S-nitrosothiol proteins and GSNO.²⁷⁷ Genetic deletion of GSNO reductase increases the levels of S-nitrosothiols in red blood cells and lowers systemic vascular resistance,²⁸⁰ demonstrating the role for GSNO in conveying the systemic activity of NO derived from eNOS.²⁷⁷ Interestingly, the endogenous gaseous signaling molecule

hydrogen sulfide also regulates cysteine thiols,²⁸¹ protects against oxidative stress,²⁸² and has an impact on protein S-nitrosylation,^{283,284} including S-nitrosylation of eNOS.²⁸⁵

Cysteine is a unique amino acid because of its thiol side chain, which is redox active. Numerous reactions are known to occur on cysteine thiol side chains that affect protein structure and function, including S-nitrosylation, S-sulfhydration (modification by hydrogen sulfide), S-glutathionylation, and disulfide bond formation. Moreover, stepwise oxidation of cysteine thiol by hydrogen peroxide results in the formation of sulfenic acid, sulfinic acid, and sulfonic acid.^{286,287} Physiological conditions (NO>ROS) favor S-nitrosylation, whereas NO/ROS disequilibrium under oxidative stress favors oxidation reactions (S-glutathionylation, intramolecular disulfide, and sulfur oxides formation).¹⁵⁴ Thiol oxidation adversely impacts S-nitrosylation signaling.¹⁵⁴ Indeed, disruption of protein S-nitrosylation has been documented under conditions of heart failure^{154,277} and high glucose.²⁸⁸

Effects of ROS and NO in Key Steps of Atherosclerosis: The Molecular Links

ROS and NO are implicated in the initiation and propagation of atherosclerosis, which provides an explanation how cardiovascular risk factors promote atherogenesis.

LDL Accumulation in the Vascular Wall

As mentioned above, atherosclerosis develops in the arterial system initially at predilection sites with geometries, such as arches, branches, and bifurcations.^{289,290} One mechanism linking the disturbed flow patterns to atherogenesis is LDL accumulation in the vascular wall.

Theoretically, accumulation of LDL in the artery wall can be caused either by an increase in lipoprotein influx (increase in endothelial permeability and delivery of LDL into the artery wall) or a decrease in lipoprotein efflux caused by an increased binding of LDL by the artery wall.

LDL transport from the circulation to the vessel wall is promoted at sites of disturbed flow because of flow stagnation and the subsequent prolonged contact between blood and vascular endothelial cells.^{260,266} Moreover, structural examination of macromolecular structures reveals that a nearly confluent elastin surface layer is present throughout mouse aorta. This internal elastin layer, however, is missing at vascular branch points, which are among the sites most prone to atherosclerosis.²⁹¹ LDL binding is most extensive in the arterial branch points where the elastin layer is absent,²⁹¹ indicating that the absence of an elastin layer contributes to the initial LDL infiltration at these sites and the subsequent development of atherosclerosis.

A recent study has provided compelling evidence that LDL retention represents a mechanism that could be even more important than LDL influx for LDL accumulation in flow-disturbed vascular regions.²⁸⁹ Infusion of normocholesterolemic mice with labeled human LDL results in LDL retention in the intimal and medial layers along the inner curvature of the aortic arch and at branch points.²⁸⁹ The straight segment of the common carotid artery is exposed to uniform laminar flow and is resistant to atherosclerosis. Normally, no LDL retention is found in this region.²⁸⁹ Implanting a mildly

constrictive perivascular collar evokes disturbed laminar flow in the segment proximal to the collar characterized by low wall shear stress and cyclic circumferential stretching.²⁹² Strikingly, this manipulated blood flow in the straight segment of the common carotid artery is sufficient to transform this otherwise atherosclerosis-resistant site into LDL-retaining regions. Importantly, the accumulation of LDL in the flow-manipulated region is a result of enhanced LDL binding by the vascular wall without any changes in endothelial permeability or LDL influx.²⁸⁹ Gene expression analyses have revealed that flow manipulation leads to increased expression of proteoglycan core proteins associated with LDL binding and retention.²⁸⁹

The expression of proteoglycans is upregulated after vascular injury²⁹³ and in insulin resistance²⁹⁴ associated with increased cholesterol deposition in the vascular wall. Proatherogenic molecules such as platelet-derived growth factor stimulates proteoglycan synthesis in VSMC and enhances LDL retention in blood vessels.^{295,296} Interestingly, proteoglycans secreted from statin-exposed cells demonstrate a reduction in LDL-binding affinity. Thus, the atheroprotective effects of statins may be partly attributed to changes in vascular proteoglycans and lower LDL retention in the vessel wall.²⁹⁷

The roles of NO and oxidative stress in LDL accumulation in the vascular wall have not been sufficiently studied to date. Previous studies have shown that endothelial NO prevents the uptake of LDL by arterial walls.^{298,299} Disturbed flow is known to reduce endothelial NO production³⁰⁰ and enhance ROS production in endothelial cells and in VSMC.^{9,274,301,302} However, the precise roles of NO and ROS in LDL uptake and LDL binding (eg, regulation of proteoglycan expression) are still unknown and warrants future studies.

LDL Oxidation

Experimental studies have demonstrated that oxLDL within the arterial wall promotes atherogenesis,^{303–305} although direct evidence for the role of LDL oxidation in human atherosclerosis is still rare³⁰⁶ and many questions remain to be answered.³⁰⁵

OxLDL exhibits a wide array of proatherogenic properties.³⁰⁴ Many of these effects are mediated by oxidized phospholipids within the LDL molecules.³⁰⁴ Lipid peroxidation can occur through nonenzymatic mechanisms (eg, by ROS derived from NADPH oxidase or uncoupled eNOS)³⁰⁷ or through enzymatic mechanisms (eg, by myeloperoxidases, lipoxygenases, cyclooxygenases, and cytochrome P450).³⁰⁸ The lipid peroxidation products, such as malondialdehyde, 4-hydroxynonenal, phosphocholine of oxidized phospholipid, and 2-(ω -carboxyethyl) pyrrole, are highly reactive. They modify self-molecules leading to the generation of structural neoepitopes termed oxidation-specific epitopes (OSEs).³⁰⁸ OSEs, including oxidized phospholipids and malondialdehyde-modified amino groups, have been documented on the surface of apoptotic cells and oxLDL molecules.^{303,308}

Peroxidation of phospholipids promotes a conformational change in the apoB-100 molecule leading to increased nonreceptor-mediated capture of the oxLDL particle by vascular cells.³⁰³ Moreover, OSEs are recognized by both cellular (eg, scavenger receptors and toll-like receptors [TLRs])

and soluble pattern recognition receptors (eg, proteins of the complement system, C-reactive protein, and natural IgM antibodies).³⁰⁸

The recognition of OSEs by cellular and humoral immune responses has important physiological roles in maintaining tissue homeostasis by removing dying cells, cellular debris, and damaged molecules.³⁰⁸ In situations of increased oxidative stress, however, OSEs generation is significantly increased. Furnished with a variety of scavenger receptors and TLRs, endothelial cells, and macrophages are the major cellular sensors of OSEs in atherosclerosis. Consequently, the persistent sensing of OSEs by these cells triggers chronic inflammation through the secretion of chemokines and proinflammatory cytokines (see below).

The role of LDL oxidation in atherogenesis has been shown in gene targeting studies.³⁰⁴ Genetic deletion of lipoxygenases decreases LDL oxidation and atherosclerosis lesion in mouse models of atherosclerosis.^{309–312} Disruption of paraoxonase 1, an enzyme that indirectly inhibits LDL oxidation, increases LDL oxidation and lesion formation.³¹³ Moreover, OSE-specific natural IgM antibodies block the binding and uptake of oxLDL by macrophages, prevent foam cell formation,³¹⁴ and decrease atherosclerosis in mice.^{315,316} Patients with lower levels of IgM antibodies directed against malondialdehyde-LDL and oxLDL show an increased risk of cardiovascular disease.³¹⁷

Interestingly, lipid peroxidation also leads to the formation of highly reactive γ -ketoaldehydes (isoketals). Proteins oxidatively modified by isoketals are formed in hypertension and accumulate in dendritic cells. Peptides derived from isoketal adducts of proteins behave as modified self-antigens, activating dendritic cells and T cells, which has been recently identified as a novel mechanism in hypertension.^{318,319}

As aforementioned, NADPH oxidase-derived ROS are involved in LDL oxidation.²⁷⁵ Interestingly, results from bone marrow transplantation experiments in mice indicate that NADPH oxidase in infiltrating immune cells in the vascular wall may be of more importance in LDL oxidation than those in the resident cells of the vascular wall.⁴⁹ In contrast, endothelial NO has been shown to inhibit LDL oxidation.^{320,321}

Endothelial Cell Activation and Adhesion Molecule Expression

Endothelial cells can sense OSE and take up oxLDL via the lectin-like oxidized LDL receptor-1, TLR2, and TLR4.^{303,308} This may lead to a variety of biological effects, such as (1) reduction of endothelial NO production, (2) upregulation of leukocyte adhesion molecules, (3) promotion of a prothrombotic surface, and (4) synthesis of smooth muscle cell mitogenic factors.³⁰³

OSE sensing by endothelial cells is a key response in the development of atherosclerosis.³⁰⁸ Oxidized phospholipids, for instance, induce the expression of chemoattractants (eg, MCP-1 [monocyte chemoattractant protein-1], chemokine (C-X-C motif) ligand 8 and P selectin) and trigger monocyte binding to endothelial cells via TLR4.³⁰⁷ 4-hydroxynonenal induces nuclear factor- κ B activation in endothelial cells which is mediated by LOX1.³²² 2-(ω -carboxyethyl) pyrrole has been

shown to activate endothelial cells by stimulating TLR2.³²³ Deficiency of LOX1^{324,325} or TLR2³²⁶ reduces vascular cell adhesion molecule-1 expression and atherosclerosis in LDL receptor-KO mice.

The expression of adhesion molecules by endothelial cells is inhibited by laminar shear stress,³²⁷ but enhanced by disturbed flow.^{328,329} In addition, endothelial expression of adhesion molecules is also upregulated by proatherogenic stimuli, such as proinflammatory cytokines,^{330,331} angiotensin II,³³² advanced glycation end products,³³³ and leptin.³³⁴ Interestingly, the anti-inflammatory adipokine, adiponectin, inhibits the expression of adhesion molecules in endothelial cells and prevents leukocyte–endothelium interaction.³³⁵

NO and ROS have opposite roles in the regulation of adhesion molecule expression and endothelial–leukocyte interaction. Endothelial NO inhibits cytokine-induced nuclear factor- κ B activation and upregulation of vascular cell adhesion molecule-1, E-selectin, and intercellular adhesion molecule-1.^{132,331,336–338} Inhibition of NO production increases leukocyte adherence, indicating that endothelial NO is an endogenous modulator of leukocyte adhesion to vascular endothelium.³³⁹ On the contrary, ROS are implicated in upregulation of adhesion molecules induced by cytokines^{330,331} or by leptin.³³⁴ ROS not only potentiate OSE sensing by upregulation of endothelial TLR2 expression,³²⁶ but are also involved in the intercellular signaling cascades leading to adhesion molecules expression induced by stretch or oscillatory shear stress.^{340,341}

In agreement with this concept, targeted delivery of SOD to endothelial cells in mice inhibits nuclear factor- κ B signaling and vascular cell adhesion molecule-1 expression.³⁴² In contrast, genetic disruption of peroxiredoxin1³⁴³ or GPx1³⁴⁴ potentiates chemoattractant expression and leukocyte–endothelial cell adhesion.

Macrophage Activation and Foam Cell Formation

A hallmark of atherosclerosis is the formation of foam cells due to enhanced uptake of oxLDL by macrophages mediated by OSE binding to scavenger receptors (eg, CD36, TLRs, SRA1 [scavenger receptor A1] and lectin-like oxidized LDL receptor-1).^{308,345} OxLDL is taken up much more rapidly than native LDL by monocytes/macrophages.³⁰⁴ The scavenger receptors are not downregulated by intracellular LDL, allowing progressive accumulation of cholesterol to the point of foam cell generation.³⁰⁴

The uptake of oxLDL by macrophages has an important physiological role, as this facilitates oxLDL removal.³⁰⁸ However, under pathological situations, the enhanced uptake of cholesterol-rich LDL and subsequent inefficient removal of intracellular cholesterol can trigger signaling pathways that induce the secretion of inflammatory chemokines and cytokines.³⁰⁸ SRA and CD36 account for $\approx 90\%$ of macrophage uptake of oxLDL. Genetic disruption of either CD36 or SRA1 reduces atherosclerosis in mice.^{304,345,346} Supersaturation of cholesterol in macrophages results in the formation of cholesterol crystals leading to the damage of lysosomes, inflammasome activation, and interleukin-1 β secretion.³⁴⁷ Excessive foam cell formation induces macrophage apoptosis as observed in advanced atherosclerotic lesions.^{308,348}

Oxidative stress plays a crucial role in macrophage activation and foam cell formation. ROS derived from NADPH oxidase and uncoupled eNOS are involved in the generation of OSE.³⁰⁷ Moreover, XO also plays an important role in cholesterol crystal-induced ROS formation and inflammatory cytokine release by macrophages. XO inhibition reduces arterial ROS levels, improves endothelial dysfunction, and suppresses plaque formation in ApoE-KO mice.⁵¹

Therapeutic Strategies

Despite the role of oxidative stress in the pathogenesis of atherosclerosis and other diseases, dietary antioxidant supplements to human subjects do show preventative or therapeutic effect. In a large meta-analysis, antioxidant supplements show no benefit (vitamin C and selenium) or even increase mortality (beta carotene, vitamin A, and vitamin E).^{349,350}

However, the ineffectiveness of the antioxidant therapy does not disprove the role of oxidative stress in atherogenesis. Rather, the used antioxidant compounds are likely to be unspecific, not correctly dosed, cannot reach the intracellular compartment of ROS generation, and some may even have pro-oxidative properties.^{4,351,352} Therefore, better antioxidant strategies need to be developed.

Among the ROS-producing enzymes, NADPH oxidases are proposed to be the master oxidases.⁹ NADPH oxidase activation promotes ROS production from other sources. Therefore, NADPH oxidases represent attractive therapeutic targets. However, because of the protective role of Nox4 shown in recent studies, a promising Nox inhibitor should be specific for Nox1 or Nox2. Nox inhibitors with improved specificity for NADPH oxidases and moderate Nox isoform selectivity have been developed.³⁵³ The first results in mouse atherosclerosis models are encouraging.

In addition to inhibition of XO activity⁵¹ and prevention of mitochondrial oxidative stress,³⁵⁴ pharmacological reversal of eNOS uncoupling represents further fascinating strategies. Among the drugs currently in clinical use, inhibitors of the renin–angiotensin–aldosterone system, statins, nebivolol, and pentaerythritol tetranitrate have been shown to prevent or reverse eNOS uncoupling under experimental conditions. Other compounds, such as resveratrol, sepiapterin, folic acid, and AVE3085, may also recouple eNOS and improve endothelial function although the long-term benefit of these compounds is still unknown (see our recent reviews^{66,67,355}).

Conclusion

Endothelial NO protects against, whereas vascular oxidative stress promotes, atherosclerosis. Cardiovascular risk factors decrease endothelial NO production and stimulate ROS production from various ROS sources including NADPH oxidases, XO, mitochondria, and uncoupled eNOS. ROS and NO have opposite roles in the process of atherogenesis, such as LDL oxidation, endothelial cell activation, and macrophage infiltration/activation. Prevention of vascular oxidative stress and improvement of endothelial NO production may represent feasible therapeutic strategies in addition to the treatment of established cardiovascular risk factors.

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Disclosures

None.

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